



2022年 聯合國永續發展國際 交換工作坊系列III SDGs-3 健康與福祉

日期：**2022年2月14日 – 18日 (5日)**

時間：**8:00-10:00 AM** (臺灣時間)

參加人數：至多**36名**(免費)

授課語言：英文

報名截止日期：**2022年2月4日**

報名QR CODE：如右圖



講者 & 主題

Prof. Richard Hsiao,

Department of Kinesiology, Health & Sport Science, Indiana University of Pennsylvania

"穿戴裝置科技：增進高齡族群運動習慣與經驗"

Prof. Robert E. Alman,

Department of Kinesiology, Health & Sport Science, Indiana University of Pennsylvania

"動盪時代健康與保健"

陳永盛教授

臺北市立大學運動健康科學系

"運動與心血管健康"

傅思凱博士

臺北市立大學運動健康科學系

"慢性疾病長者的運動建議"



臺北市立大學國際事務處



2022 SDGS INTERNATIONAL EXCHANGeworkshop III SDGs 3 GOOD HEALTH AND WELL-BEING

Date: Feb. 14 – 18, 2022 (5 Days)

Time: 8:00~10:00am (GMT+8)

Participants: Maximum 36 (Free)

Registration Deadline: Feb. 4, 2022

Registration Link



LECTURERS&TOPICS

Prof. Richard Hsiao,

Department of Kinesiology, Health & Sport Science, Indiana University of Pennsylvania

"Wearable Technology: Improving Exercise Habits and Experiences in older adults"

Prof. Robert E. Alman,

Department of Kinesiology, Health & Sport Science, Indiana University of Pennsylvania

"Health and Wellness in Turbulent Times"

Prof. Yung-sheng Chen,

Department of Exercise and Health Sciences, UT

"Exercise and Cardiovascular Health"

Szu-Kai Fu, Ph.D.

Department of Exercise and Health Sciences, UT

"Exercise for older adults with Chronic Diseases"



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UNIVERSITY OF TAIPEI